
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

**REPORT OF FOREIGN PRIVATE ISSUER
PURSUANT TO RULE 13a-16 OR 15d-16 OF THE
SECURITIES EXCHANGE ACT OF 1934**

Dated: May 19, 2010

Commission File No. 001-33311

NAVIOS MARITIME HOLDINGS INC.

85 Akti Miaouli Street, Piraeus, Greece 185 38
(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F:

Form 20-F Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Yes No

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Yes No

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No

On May 19, 2010, Navios Maritime Holdings Inc. (“Navios Holdings”) announced that it has made the initial payment with respect to its recently announced acquisition of 11 product and chemical tanker vessels. A copy of the press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

On May 20, 2010, Navios Holdings announced that it has agreed to sell the Navios Pollux, a 180,727 dwt Capesize vessel to Navios Maritime Partners L.P. for \$110.0 million in cash. A copy of the press release is attached hereto as Exhibit 99.2 and is incorporated herein by reference.

This information contained in this Report is hereby incorporated by reference into Navios Holdings’ Registration Statements on Form F-3, File Nos. 333-136936, 333-129382 and 333-165754 and on Form S-8, File No. 333-147186.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

NAVIOS MARITIME HOLDINGS INC.

By: /s/ Angeliki Frangou

Angeliki Frangou
Chief Executive Officer

Date: May 25, 2010

EXHIBIT INDEX

<u>Exhibit No.</u>	<u>Exhibit</u>
99.1	Press Release dated May 19, 2010
99.2	Press Release dated May 20, 2010

**NAVIOS MARITIME HOLDINGS INC.
ANNOUNCES
INITIAL PAYMENT FOR ACQUISITION
OF
TANKER VESSELS**

PIRAEUS, Greece, May 19, 2010 — Navios Maritime Holdings Inc. (“Navios Holdings”) (NYSE: NM) announced today that it has made the initial payment of \$171.7 million for the acquisition of 11 product and chemical tanker vessels. The installment was funded by \$133.0 million drawn from two credit facilities and \$38.7 million from available cash. The \$206.0 million balance will be paid in installments ending with delivery of the vessels. The initial payment has not yet been made for the two additional product tankers that are part of the 13 vessel fleet.

Navios Holdings has previously announced a definitive agreement pursuant to which it will sell the 13 vessel fleet, comprised of 11 product tankers and two chemical tankers to Navios Maritime Acquisition Corporation (“Navios Acquisition”) at cost (an aggregate of \$457.7 million for 13 vessels). However, if Navios Acquisition’s stockholders do not approve the vessel acquisition at the special stockholders meeting to be held Tuesday, May 25, 2010, Navios Holding will acquire and manage this fleet.

About Navios Maritime Holdings Inc.

Navios Maritime Holdings Inc. is a global, vertically integrated seaborne shipping and logistics company focused on the transport and transshipment of drybulk commodities including iron ore, coal and grain. For more information please visit our website: www.navios.com.

Navios Holdings may, from time to time, be required to offer certain owned Capesize and Panamax vessels to Navios Maritime Partners L.P. (“Navios Partners”) (NYSE: NMM) for purchase at fair market value according to the terms of the Omnibus Agreement. For more information please visit its website: www.navios-mlp.com.

Forward-Looking Statements

This press release contains forward-looking statements (as defined in Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended) concerning future events and Navios Holdings’ growth strategy and measures to implement such strategy; including expected vessel acquisitions and entering into further time charters. Words such as “expects,” “intends,” “plans,” “believes,” “anticipates,” “hopes,” “estimates,” and variations of such words and similar expressions are intended to identify forward-looking statements. Such statements include comments regarding expected revenues and time charters. Although Navios Holdings believes that the expectations reflected in such forward-looking statements are reasonable, no assurance can be given that such expectations will prove to have been correct. These statements involve known and unknown risks and are based upon a number of assumptions and estimates which are inherently subject to significant uncertainties and contingencies, many of which are beyond the control of Navios Holdings. Actual results may differ materially from those expressed or implied by such forward-looking statements. Factors that could

cause actual results to differ materially include, but are not limited to changes in the demand for drybulk vessels, competitive factors in the market in which Navios Holdings operates; risks associated with operations outside the United States; and other factors listed from time to time in Navios Holdings' filings with the Securities and Exchange Commission. Navios expressly disclaims any obligations or undertaking to release publicly any updates or revisions to any forward-looking statements contained herein to reflect any change in Navios Holdings' expectations with respect thereto or any change in events, conditions or circumstances on which any statement is based.

Public & Investor Relations Contact:

Navios Maritime Holdings Inc.

+1.212.279.8820

investors@navios.com

**Navios Maritime Holdings Inc. Announces Agreement to Sell the Navios Pollux for
\$110.0 Million to Navios Maritime Partners L.P.**

PIRAEUS, Greece, May 20, 2010 —Navios Maritime Holdings Inc. (“Navios Holdings”) (NYSE: NM), a global, vertically integrated seaborne shipping and logistics company, announced today that it has agreed to sell the Navios Pollux, a 2009 South Korean-built Capesize vessel with a capacity of 180,727 dwt to Navios Maritime Partners L.P. (“Navios Partners”) (NYSE: NMM) for \$110.0 million in cash.

Navios Holdings intends to use the proceeds from the sale of this vessel for operating purposes, such as repayment of indebtedness or reinvestment in vessels.

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